

August

***Limited space call ahead to register and pay**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*Adult Silks 8:30-9:30am Ages 14+	*Totnastics 9:00-10:00am				*Toddler Time 9:00-10:00am Ages 0.5-3	
	Fraser Rec Camp 10am-2:30pm				*Family Gym 10:00-11:00am Ages 0.5-7	*Family Gym 10:00-11:00am
*Kidnastics 10:00-11:00am Ages 3.5-5						
					Granby Rec Camp 12:30pm-2:30pm	Birthday Parties 11:30pm-3:00pm
Rec camp runs through mid-August. No weekday rec classes week of 8/24.						
Level 1 Beginner 3:00pm-4:00pm Ages 6-10	Level 1 Intermediate 3:00-4:00pm Ages 6-10					
				*Aerial Arts Drop-In and Tramp/Open Gym Combined Class 4:00-5:00pm Ages 8+	*Tramp/Open Gym 3:00-4:00pm Ages 8+	*Flip Your Lids - Air Awareness Training 3:00-5:00pm Ages 10+
Team Skill Clinic 4:30-6:30pm	Level 2 4:00-6:00pm	Team Advanced Skill Clinic 4:00-6:00pm			*Tramp/Open Gym 4:00-5:00pm Ages 8+	
Team Advanced Skill Clinic 6:00-8:00pm					*Advanced Tramp 5:00-6:00pm Ages 9+	
				*Adult Silks 6:30-7:30pm Ages 14+	Adult Open Gym 6:00-8:00pm Ages 18+ No class 8/15	

GYMNASTICS - AUGUST