

March

***Limited space call ahead to register and pay**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*Adult Silks 8:30-9:30am Ages 14+	*Totnastics 9:00-10:00am Ages 0.5-3				*Toddler Time 9:00-10:00am Ages 0.5-3	
*Family Gym 10:00-11:00am Ages 0.5-7					*Family Gym 10:00-11:00am Ages 0.5-7	*Family Gym 10:00-11:00am Ages 0.5-7
						Birthday Parties 11:30pm-2:00pm Availability begins 2/15
No after school classes during spring break 3/23-3/26					Birthday Parties 1:00pm-3:00pm	
Level 1 Beginner 4:00-5:00pm Ages 6-10	Kidnastics 4:00pm-5:00pm Ages 3.5-5	Trampoline and Parkour 4:00pm-5:00pm Ages 6-11	Level 1 Intermediate 4:00-5:00pm Ages 6-10	Aerial and Tramp Open Gym 4:00-5:00pm Ages 8+		*Flip Your Lids - Air Awareness Training 3:00-5:00pm Ages 10+
Level 1 Beginner 5:00-6:00pm Ages 6-10	Team Practice Levels 2 and 3 5:00-7:00pm		Level 1 Intermediate 5:00-6:00pm Ages 6-10	Senior Optional Team 5:00-7:00pm	*Tramp/Open Gym 4:00-5:00pm Ages 9+	
Team Practice Level 4 5:30-7:30pm Optionals 5:30-8:00pm	Adult Open Gym 6:30-8:00pm Ages 18+	Team Practice Level 4 5:00pm-7:30pm Optionals 5:30-8:00pm	Team Practice Level 3 5:30-7:30pm	*Adult Silks 6:30-7:30pm Ages 14+	*Tramp/Open Gym 5:00-6:00pm Ages 8+	
					Adult Open Gym 6:00-8:00pm Ages 18+	

GYMNASTICS - March